

RD Adult Follow-up

This is a 59 y.o. male with weight of 75.1 kg (165 lb 9.1 oz), with no significant past medical history.

Assessment:

- Admitting Dx: WEST NILE VIRUS ENCEPHALITIS
- West Nile encephalitis [066.41B]
- Current Condition: West Nile virus encephalitis with quadriplegia and airway infection
- Height: 5' 6", 66 inches
- %IBW: 120%
- ABW: 143 lbs, 65 kg
- Weight trend: (9/26) 73.4 kg, (9/28) 72.3kg, (9.29) 72.8kg
- Skin: WDL
- GI: WDL, BM: x1 soft (9/30)
- Labs: (9/30) Na 134, Creatinine 0.5, Glucose 141 (110-184)
- Meds: loproressor, prinivil, lantus, metamucil, zyloprim, dextrose, zosyn, protonix, insulin
- Fluids: 2132/2600
- Tube Feeding: Glucerna 1.2 @ 75ml/hour, 150 ml water flush every 4 hours.
 - Provides: 2160 kcals, 108 gram protein, 2358 ml water
 - Residuals: 0-30 ml
- Estimated Needs: 1625-1950 kcals (25-30 kcal/kg ABW), 65-78 gram protein (1.2 gram/kg ABW), >1.6 L water/day (1 ml/kcal)

Nutrition Diagnosis:

Excessive intake from enteral nutrition related to current TF rate as evidenced by TF meeting 110% of estimated energy needs and upward wt trend.

Intervention/Monitor/Evaluation:

1. Recommend changing TF rate to 70 ml/hour + 100 ml free water every 4 hours to provide 2016 kcals, 101 gram protein, 1961 ml water.
2. Monitor lab values for Na and glucose.
3. Patient is at moderate nutritional risk. RD follow up in 5-7 days prn.